Do your Best!

There seems to be too much emphasis these days about winning especially in the media and not about being a good sport.

Children need to be encouraged to - have a go, not be afraid and just do their best in sport and school. Students are becoming more concerned about winning and coming first, we need to participate more and have fun.

Regards
Kerrie Williams

Canteen Volunteers
Friday 15th May - Cheryl McPhillips

Monday 18th May - Leanne Clark

Merit Certificates ~ Be Responsible
Congratulations to the following students, who have shown responsibility for their own belongings

K-2 ~ Chelsea Atkins
3-4 ~ Tahj Emerton
5-6 ~ Max Parish

NAPLAN
NAPLAN started today and will continue Wednesday and Thursday. Take your time, don't stress and do your best Years 3 & 5. Mrs Schneider was very pleased with today’s language conventions and writing tests.

Coming events

<table>
<thead>
<tr>
<th>May</th>
<th>Term 2, 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 18th</td>
<td>Dance Group-Eisteddfod ~ Mrs Williams</td>
</tr>
<tr>
<td>Fri 22nd</td>
<td>Science Challenge ~ Years 5 &amp; 6</td>
</tr>
<tr>
<td>Fri 22nd</td>
<td>Small Schools Collegial @ Mitchells Is</td>
</tr>
<tr>
<td>Thurs 28th</td>
<td>Whole School Assembly</td>
</tr>
<tr>
<td>Fri 29th</td>
<td>Small Schools Soccer @ Wingham</td>
</tr>
<tr>
<td>June</td>
<td></td>
</tr>
<tr>
<td>Wed 3rd</td>
<td>Choir Group-Eisteddfod ~ Mrs Schneider</td>
</tr>
<tr>
<td>Tues 9th</td>
<td>P&amp;C Meeting @ 1pm</td>
</tr>
<tr>
<td>Fri 12th</td>
<td>Whole School Athletic Carnival</td>
</tr>
<tr>
<td>Fri 26th</td>
<td>Have a go Show</td>
</tr>
<tr>
<td>Fri 26th</td>
<td>School Reports go home</td>
</tr>
<tr>
<td>July</td>
<td></td>
</tr>
<tr>
<td>Mon 13th</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Tues 14th</td>
<td>Students return 1st day Term 3</td>
</tr>
</tbody>
</table>

Student of the Week
Congratulations to the following student who has been chosen as our student of the week

Vaughn Brandon

For making a consistent effort to concentrate on tasks

Soccer Training
Mr Jeffers will be holding soccer trials tomorrow, Thursday and Friday at lunch times. Students must wear joggers to try out.
**Eisteddfod**
On Monday 18th seven students from Moorland are performing at the Taree Eisteddfod we have formed a group with Coopernook Public School. The students have had fun learning a new dance and practicing hard to perfect it. Mrs Williams will be accompanying students to the Manning Entertainment Centre.

**Wednesday Morning Breakfast Club**
Breakfast will be on again tomorrow at 8:45am. There is no cost. Toast with vegemite, honey or jam will be on offer, as well as milo.

**Opportunity Class 2016**
If any Year 4 parents require information about the Opportunity Class for Year 5 2016 please contact the office for details.

**Hunter Regional Cross Country**
Well done to Abby and Charlie for competing in the Hunter Region Cross Country last Friday. Both trained hard and improved on their last years place. Well done! A fine effort!

**Emergency Contact**
Thank you to all the families who have returned and updated their emergency contact. There are still a few of these reports that have not been returned. Please return these ASAP.

**P & C ~ Trash and Treasure**
The P&C would like to thank all the people who helped to make our Trash and Treasure Day this year a success. The families who held stalls on the day, Veronica, Rachael, Sherie and her family who manned the BBQ, and a very big thank you to Jenny and Jody Lambert and their family who manned the tea/coffee and P&C stall. We raised around $200 from the day. We hope everyone enjoyed the day and hopefully we will hold it again next year.

**P & C ~ Mother’s Day Stall**
The P & C held a Mother’s Day Stall last Thursday. Every student was able to purchase at least one gift. We hope you had an enjoyable relaxing day.

**Community News**

**Camden Haven Sea Scouts**
It’s always the perfect time to join Cubs (8-11 year)/ Scouts (11-15year)

**Meetings:**
Cubs: Wednesday 5:20 – 7:00
Scouts: Mondays 5:20 – 7:30
For more information call Sarah - 0478 599 921
6 weeks free trial

**Food Allergy Week 17-23 May**
Did you know that 1 in 10 babies born in Australia will develop a food allergy? The Food Allergy Week website has lots of great information, ideas and resources to help you be more allergy aware. Find out more: http://www.foodallergyaware.com.au

**Is your child making friends at school?**
Kids who get on at school tend to be more engaged in learning. Here are some ideas on how to help your child with social skills:

**Good for Kids**

**Fussy eating in children**
Fussy eating is normal; one day your child will be ravenous, the next day they will be picky. Children’s appetites are affected by their growth cycles, which is all part of their development. Here are some simple tips to manage fussy eaters:

**Get into good habits**
- Ensure children get regular meals and snacks throughout the day
- Set time limits for meals
- Limit talk about your child’s food fussiness in front of them

**Create a pleasant atmosphere at meal times**
- Turn off the TV
- Give everyone an opportunity to talk

**Allow some choice**
- Allowing limited choice in what they eat e.g. would you like grapes or a pear

**Introducing new foods**
- Start with small serves of the new food
- It may take 10-15 times of offering before a child will take a liking to the new food
- Eating with other children can help exposure to new foods
- Always try to eat the same food as your children and talk about how yummy it is or isn’t this flavour nice etc.

For more information on fussy eating go to: http://raisingchildren.net.au/articles/fussy_eating.html